

ABSTRACT OF THE DISCLOSURE

A method of installing electrical cabling by securing an electrical cable clip to a structure using a fixing element that passes through the clip into the structure, subsequently inserting one or more electrical cables into a cable receiving channel defined by the clip and securing the electrical cables in that channel. The structure will typically be the wall of a building or the like and the fixing element is preferably a nail that is fired through the base portion of the electrical cable clip by means of a nail gun.